

Meredith College: Nursing Plan of Study

First Year

Fall Semester

Course Number	Course Name	Credits
ENG 111	Principles of Writing	3
MAT 175#	Statistics	3
BIO 112/142#	Molecules, Genes, and Cells	4
CHE 111/141#	General Chemistry I and Lab	4
PED	Physical Education Course	1
FYE 100X	First Year Experience	1

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Spring Semester

Course Number	Course Name	Credits
ENG 200	Critical Reading and Writing	3
BIO 338/348#	Human A&P I and Lab	4
RES	Religious Studies Course	3
Arts & Aesthetics	Art/Dance/Music/Theater Course	3
FLL 1	Choice of French, Spanish, Italian, Chinese or Latin	3

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Second Year

Fall Semester

Course Number	Course Name	Credits
HIS	History Course	3
BIO 339/349#	Human A&P II and Lab	4
PSY 100#	Intro to Psychology	3
FLL 2	Choice of French, Spanish, Italian, Chinese or Latin	3
ENG	Literature Course	3
PED	Physical Education Course	1

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Spring Semester

Course Number	Course Name	Credits
FN 227#	Introductory Nutrition	3
BIO 224/244#	Microbiology for Healthcare and Lab	3
FLL 3	Choice of French, Spanish, Italian, Chinese or Latin	3
HED 200#	Responding to Emergencies	2
NUR 200*	Professional Nursing: Past, Present, and Future	3
PED	Physical Education Course	1

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prerequisite, minimum grade requirement as follows:

Minimum grades of B in BIO 338/348, BIO 339/349, BIO 224/244

Minimum grades of C in MAT 175, BIO 112/142, CHE 111/141, PSY 100, FEN 227, HED 200

* required for major

+ nursing clinical requirement (total of 640 hours)

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Third Year

Fall Semester

Course Number	Course Name	Credits
NUR 210*+	Foundations for Nursing Practice Across the Lifespan	5
NUR 220*+	Health Assessment for the Nursing Professional	4
NUR 300*	Pathophysiology and Pharmacology I	3
NUR 320*+	Nursing Management of Adults I	4

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Spring Semester

Course Number	Course Name	Credits
NUR 330*+	Nursing Management of Adults II: Complex Health Conditions	5
NUR 380*+	Multiple Perspectives in Mental Health	3
NUR 400*	Health Promotion and Disease Prevention	2
NUR 310*	Pathophysiology and Pharmacology II	3
HED 400*	Influences and Evolution of Global Health	3

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Summer Semester

Course Number	Course Name	Credits
NUR 410*+	Population and Community Health Nursing (hybrid)	3

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Fourth Year

Fall Semester

Course Number	Course Name	Credits
NUR 340*+	Family-Centered Nursing Care	5
NUR 430*	Crucial Conversations in Healthcare: Systems, Policies, & Ethics	2
NUR 420*	Research in Nursing and Evidence Based Practice	2
NUR 360*+	Reproductive Health	4

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Spring Semester

Course Number	Course Name	Credits
NUR 495*+	Nursing Capstone	6
NUR 450*	Pathways to Practice: Leadership and Management in Nursing	2
NUR 470*	Senior Seminar: Selfcare and Burnout	1
NUR 350*+	Health and Aging: Gerontological Nursing	3

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prerequisite, minimum grade requirement as follows:

Minimum grades of B in BIO 338/348, BIO 339/349, BIO 224/244

Minimum grades of C in MAT 175, BIO 112/142, CHE 111/141, PSY 100, FEN 227, HED 200

* required for major

+ nursing clinical requirement (total of 640 hours)