

MEREDITH DIETETIC STUDENT

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EDUCATION

Meredith College, Raleigh, NC, *Dietetic Internship*, GPA: 3.5 (May 20xx)

Vanderbilt University, Nashville, TN, *Bachelor of Science in Dietetics, Minor in Distributive Sciences*, Major GPA: 3.29 (August 20xx)

EXPERIENCE

CLINICAL

Duke University Hospital- Dietetic Intern, Durham, NC (January 20xx-April 20xx)

- Selected to complete a 12-week clinical rotation at this 1,000-plus acute care hospital, including one-week of staff relief
- Developed & presented Herbal Supplement in-service and clinical case study to 15-20 nutrition professionals
- Created a hospital-wide display for National Nutrition Month on Childhood Obesity
- Interacted & worked with a variety of multidisciplinary medical teams to provide optimal care for patients
- Conducted nutrition assessments, provided diet education, utilized medical nutrition therapy, & performed follow-up evaluations on Pediatric, Trauma, Gastrointestinal, Surgical, General Medicine, Cardiac, Neurological, Pulmonary, Transplant, & Renal patients
- Counseled, assessed, & observed outpatients at Duke Specialty Clinics for ALS, Cystic Fibrosis, Dialysis, Research, & Oncology

The Health Center at Richland Place-Dietetic Intern, Nashville, TN (June -July 20xx)

- Assisted the clinical dietitian with nutrition assessments, conducted diet histories, & attended multidisciplinary team meetings

COMMUNITY & WELLNESS

Sodexo Corporate Services - Cree Corporate Fitness, Fitness Specialist, Durham, NC (November 20xx-Present)

- Supported daily Fitness Center Operations including opening and closing the center
- Developed, marketed, and presented a nutrition class to members entitled, "Exercise and Nutrition"

Personalized Nutrition, Inc- Health Promoter, Apex, NC (November 20xx)

- Represented and promoted this company at a corporate fitness wellness fair while answering individual nutrition questions

Johnston County Public Health Department, Dietetic Intern, Smithfield, NC (October 20xx)

- Counseled patients at WIC, developed & presented lectures on "The Urbanized Latino Diet" & "Breastfeeding Basics"

Rex Hospital Wellness Center, Dietetic Intern, Raleigh, NC (September 20xx)

- Provided diet education to Cardiac Rehab patients, created nutrition education material, held a "Taste Fest" for cancer patients

BA Hughes & Associates- Dietitian Assistant, Raleigh, NC (August 20xx-Present)

- Worked as a nutritionist to assist owner in all aspects of running a private practice business
- Responded to patient needs by making recommendations for nutrition intervention after gathering appropriate research

University of Kentucky- Aerobic Instructor, Lexington, KY (January 20xx- May 20xx)

- Choreographed aerobic routines, presented sports nutrition information, and instructed classes of up to 60 people

PUBLIC RELATIONS/MEDIA

Raleigh District Dietetic Association Media/PR Committee- Raleigh, NC (January 20xx-Present)

Author Eileen Stollefson Myers, MPH, RD, LDN- Dietitian Assistant, Nashville, TN (July 20xx)

- Helped edit and revise the Second Edition of "Winning the War Within" to prepare for the August 20xx release of the book

Wilhelmenia Dan Agency – Model/Talent, Nashville, TN (March 20xx- July 20xx)

- Confidently spoke, auditioned, and performed in front of large crowds, casting directors, and business representatives

MANAGEMENT

Duke University Hospital- Dietetic Intern, Durham, NC (January 20xx)

- Presented an in-service on Performance Improvement & JCAHO to over 20 food service employees, inspected kitchens

Springmoor Life Care Retirement Community- Dietetic Intern, Raleigh, NC (October - November 20xx)

- Developed Christmas Day menu to serve over 100 people & participated in cost-analysis, purchasing, storing & receiving of food

VOLUNTEER EXPERIENCE

Tennessee Health Department, Nashville, TN – Visited congregate feeding sites to provide nutrition education to senior citizens

Metro Government of Nashville, Nashville, TN – Conducted nutrition evaluations and utilized electronic body fat analyzer

Institute of Lifestyle & Weight Management, Raleigh, NC- Prepared healthy eating plans for clients

Juvenile Diabetes Research Foundation, Nashville, TN – Helped promote and organize fundraisers to prevent Type I Diabetes

Mission Campaigns - New York and Utah

SKILLS & CERTIFICATIONS

Red Cross Certifications – First Aid, Adult AED & CPR

ServSafe Certification- # 555555 through 1/12/20xx

Computer Science – Proficient in the use of Nutritionist Pro, Food Processor, Nutrition Data System for Research (NDS-R)

MEMBERSHIPS

American, North Carolina and Raleigh Dietetic Association

Alpha Delta Pi Alumnae Association- Raleigh Chapter

Eating Disorders Coalition of Tennessee

Gamma Beta Phi National Honor Society

Dynamic Leadership Institute

Leukemia & Lymphoma Society's Team in Training