

INTERNATIONAL STUDIES

International studies majors complete core courses in history and political science and elective courses from fields like business, economics, geography, fine arts, and foreign languages. Working with their academic advisor, each student creates an individualized program that provides insight into contemporary global issues and prepares them for a variety of careers. The major is also excellent preparation for graduate and law school.

Sarah Margaret Tullos, '05

Team Lead, Laboratory for Analytic Sciences, NC State University



“Throughout my classes, I learned to read and analyze material on varied topics. In my work, I’ve routinely had to get up to speed on new topics quickly, digest information, and be able to draw conclusions from the available information and data,” said Tullos.

Tullos says Meredith prepared her for her graduate study and career. Her professors helped her improve her writing and presentation skills, which she uses daily in the workplace. Tullos is now the team lead for the Human-Machine Collaboration effort at the Laboratory for Analytic Sciences at NC State University. Previously, she worked at the National Security Agency in a variety of analytic, technical, and leadership positions primarily in the Middle East and Africa-focused offices. She has also supported U.S. Cyber Command on several cyber-focused teams.

MAJOR REQUIREMENTS OVERVIEW

- 18 hours of core courses in international studies, history, and political science
- 18 hours of elective courses chosen



Learn more about international studies at meredith.edu/international-studies.

Meredith international studies majors have found success in a variety of fields.



42% BUSINESS

- Derivatives Analyst, Credit Suisse
- Donor Development, Triangle Community Foundation
- Operations Associate, Constella Futures (Asian Region)
- Owner and Principal Consultant, Cynara Development Services
- Project Manager, ACDI/VOCA
- Project Manager, Red Hat
- Registry Manager, The American Society of Echocardiography
- Senior Financial Systems Analyst, FedEx Services
- Vice President for Public Relations, Joyner Management



33% EDUCATION

- Communications Manager, American International School Dhaka
- Culture Coordinator, Abrigo
- English Teacher, Beijing, China
- Grants Coordinator, Nash Community College
- Program Coordinator, International Studies Office, NC State University
- Spanish Teacher, Wake County Public School System



16% GOVERNMENT

- Analyst, Department of Defense
- Analyst, National Security Agency
- Coordinator, Social Security Administration
- Deputy Executive Director, N.C. Democratic Party



7% LAW

- Assistant, Robertson Immigration Law Firm
- Law Degree from Victoria University of Wellington, New Zealand

FULBRIGHT AWARDS

Two of our recent graduates have been honored with this prestigious award to support study abroad and scholarship, which opens doors for many international careers and graduate studies.