NC Museum of Art

Wade Avenue

Hillsborough Street

Routes and Distances (roundtrip):

- 1 mile = pink route (Meredith Mile)
- ¼ mile = dark blue route
- ½ mile = light blue route
- ⅓ mile = brown route
- ⁵⁄₁₂ mile = yellow route

- ¼ mile = orange route
- ⅓ mile = black route
- ¼ mile = main courtyard to Whole Foods
- 1 mile = purple route: Hillsborough St. to Greenway Bridge (one way)

roundtrip to NC Museum of Art = 4 miles

Remember:
- 2,000 steps = 1 mile
- 10,000 steps a day = success