

Enroll Today!

All Meredith students are eligible to participate. We encourage you to join during your freshman year or early in your sophomore year in order to have ample time to participate, though you can enroll at any time.

To Enroll:

- Attend an information session
- Complete a registration form
- Attend an orientation session

Registration form and session dates are available on the Student Leadership & Service *MyMeredith* page and in the Office of Student Leadership and Service – 202 Cate Center.

All students who complete Foundations of Leadership, Silver Leaf, or Gold Leaf levels will be recognized at Celebrating Student Achievement Day in the spring. Completion of Silver and Gold Leaf levels will fulfill Experiential Learning requirements in the general education program.



Achievement Levels

The program has three attainable levels of achievement:

Foundations of Leadership

- Gender in Contemporary Society, Social Justice, Leadership Concepts, Social Problems, and Activism & Community Organizing

Silver Leaf

- Foundations of Leadership
- Leadership Focus: Individual, Group, Community

Gold Leaf

- Foundations of Leadership
- Leadership Focus: Individual, Group, Community
- Leadership Challenge

Sophie Lanneau Women's Leadership Development Program



Office of Student Leadership and Service



Office of Student Leadership & Service
202 Cate Center
919-760-8338
Visit us on *MyMeredith*

About Sophie Lanneau

Sophie Lanneau was one of the “Immortal Ten,” Meredith College’s first graduating class in 1902, and the first president of the Meredith College Alumnae Association. In 1907, when she was 26 years old, Sophie received her missionary appointment to China, where she became the founder and principal of the Wei Ling Girls’ Academy. She envisioned the school as a means of imparting a Christian view of life to the Chinese, educating Chinese girls and upgrading the position of women in China. Sophie had a passion for serving both God and humanity and this program honors her dedication, vision, involvement, and inspiration as a leader; and her commitment to Meredith College, the community, and the world.



The Program



The program provides opportunities to:

- Develop, enhance, and practice a personal philosophy of leadership
- Be challenged to explore self-understanding, understanding of others, and acceptance of responsibilities inherent in community membership

The program will prepare you for present and future leadership, for your role as a member of institutions, organizations, other communities, the nation, and the world.

All participating students will be matched with a faculty or staff member who will serve as an adviser to help guide you through the program.

In order to gain competencies for effective leadership, you will need to meet requirements in each of these three categories:

Foundations of Leadership

Gain a greater understanding of concepts such as Gender in Contemporary Society, Social Justice, Leadership, Social Problems, and Community Organizing and Activism.

Leadership Focus

- Learn more about yourself by increasing your self-awareness.
- Learn more about how to lead, develop, and motivate groups.
- Learn how to apply yourself as a leader at Meredith College, in your community, the nation, and the world.

Leadership Challenge

- Complete a Leadership Development Reflection and a Leadership Challenge Project that will help you demonstrate your interests and challenges as a leader.