

Girls Leadership Institute

10 a.m. – 3 p.m.

Developing, Growing, Connecting • June 21–24, 2010

An engaging leadership experience for young women at Meredith College, Raleigh, N.C.

Communication Skills

Becoming a leader requires an understanding of how to properly communicate with others. Explore verbal and nonverbal communication, the importance of utilizing effective styles and gestures, and gain active listening experience.

Talents, Skills and Abilities

Developing a deeper understanding of your personal talents, skills and abilities will allow you to grow as a leader. You will have the opportunity to see how your unique abilities can help you reach your goals and serve as a leader among your peers.

Mind Your Manners

This session will help you understand the importance of proper etiquette and how to put your best foot forward in any circumstance. You will have the opportunity to put your refined skills into action during our closing luncheon.

Exploring Leadership

Help define what leadership means in your daily life and the ways you are currently serving as a leader. You will have the chance to share experiences and goals that you hope to achieve as young women in your community. We will explore methods to help you achieve these goals and identify individuals you can use as resources and support.

You Just Have to Experience It...

Learn more about your own personal preferences, define what values and goals are important to you, create meaningful relationships with new friends, and develop skills through interactive sessions that focus on who you are as a leader!

Seminar Cost: \$300

The seminar fee is to be paid in full when registering. If cancelled three weeks prior to the start of camp, a refund will be issued for the full amount minus a \$35 administrative fee. Less than three weeks prior, no refund will be issued.

Institute Staff

Director

Sarah May
Apartment Manager, Office of Residence Life

Instructors

Betsy Dunn-Williams, M.Ed.
Assistant Director, Office of Student Leadership and Service

Ann Gleason, M.Ed.
Dean of Students

Heidi LeCount, M.S.
Director, Office of Residence Life

Tomecca Sloane, M.Ed.
Director, Commuter Life and Diversity Programs

Jill Triana, MS, LPC, CRC
Assistant Director, Counseling and Disability Services

Candice Webb, M.Ed.
Assistant Director, Advising and First Year Experience

Girls Leadership Institute — June 21–24, 2010

Full Name _____ Preferred Name _____

Address _____ Email _____

City, State, Zip _____

Parent Name _____

Telephones: (Home) _____ (Cell) _____

I am a rising: 6th 7th 8th 9th grader T-shirt Size: S M L XL XXL

Please enclose the \$300 seminar cost. Make checks payable to Meredith College and mail to: Meredith College, Community Programs, 3800 Hillsborough Street, Raleigh, NC 27607-5298

Mail in this form or register online at www.meredith.edu/youth/summer-programs.htm

Please call (919) 760-8450 for more information.



Developing, Growing, Connecting

Meredith is known as a place that fosters women leaders. We do that by helping you develop your own unique style of leadership. We'll help you learn more about yourself, including your strengths and areas you can work on. You'll also acquire practical tools to help you function as a leader, and learn how to interact more effectively with others. We invite you to join us at Meredith this summer.

Learn how to become the leader you're meant to be.

Girls
Leadership
Institute
2010



Office of Events and Community Programs

3800 Hillsborough Street
Raleigh, NC 27607-5298

www.meredith.edu

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Raleigh, North Carolina

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