

**Meredith
College**

MEREDITH CLIPS

**A Preview of Fall
2009**

August 2009

Welcome Back to Campus!!

MAJOR EVENTS:

- September 18:
CAB Sizzlin September Concert
- October 16:
MEA White Iris Ball
- November 2– November 6:
Cornhuskin
- March 5-6: MRA
Lil' Friends Weekend
- April 9: Spring Formal
- April 10: Spring Fling
- April 15: Stunt
- April 20: Freshman Fire and
Water Dinner
- April 22: Celebrating Student
Achievement

Dear Fellow Students,

As the days of summer begin to wind down, here at Meredith College we are gearing up for the year ahead. I am honored to serve as your SGA President and I am very excited about the 2009-2010 school year. As a student at Meredith College, you are a member of the Student Government Association. SGA Executive Committee knows that the upcoming year will bring a good number of changes to the Meredith College community, but it is very important to us that students stay involved.

To keep students informed about the issues on campus, SGA will host two Student Body meetings: one in the fall and one in the spring. These dates have not been confirmed yet, but please be on the lookout for information about the upcoming fall Stu-

dent Body meeting. SGA understands that this campus is growing and changing, but we know that none of these changes can go forward without student support. The SGA Executive Committee wants your input, thoughts, and concerns. So please send your ideas and feedback to sga@meredith.edu any time.

I, along with the rest of the SGA Executive Committee, look forward to your arrival in just a few weeks. I hope you enjoy your vacations, travels and summer experiences and we'll see you at Meredith College in August!

Amy Damone
SGA President
2009-2010

Office of Residence Life

The big news for juniors and seniors this year is the addition of new housing on campus – the campus apartments open on August 1st! Students and their families will fill the space with new furnishings, new bedding and kitchen wares. It will be exciting to see this new building come to life!

With this change on campus comes changes in parking and pedestrian traffic. It will be very important to be mindful of apartment residents crossing the street from the apartments to the main part of campus. There are several walkways that lead from the apartments and across the street. Signs will be posted and crosswalks painted on the street to indicate where pedestrians should cross. Parking around the apartment building is only for apartment residents. Guests of the apartments will park in the end of the commuter lot adjacent to the apart-

ment parking lot. Students who live in the residence halls will continue to park in their designated parking lots.

All students have been mailed a room assignment letter and information about move-in. If you have not received yours or have any questions, the Office of Residence Life can be reached through email at reslife@meredith.edu or by phone at 919-760-8633. Any student who has an apartment question can contact Sarah May, Apartment Manager, at may-sarah@meredith.edu.

The entire residence life staff is looking forward to your return to campus!



Changes Around Campus

Dear Meredith Students:

We have made a number of changes within the Division of College Programs from mid-April until now and wanted to bring you up to date on them. We want you to be able to find the people you need—some of them newly hired, some of them continuing employees working in new places, and some working in offices that have changed names. Phone numbers have migrated with individuals, so you should be able to reach them at numbers familiar to you and found in campus directories. We believe that the changes we have made will allow us to continue to provide excellent services to the students, faculty, and staff of Meredith College.

With best regards,

Jean Jackson, Vice President for College Programs

Office Name Changes

The Career Center and the Office of Academic Advising, including 23+ advising, have been combined into **Academic and Career Planning**, under the direction of **Dr. Marie Sumerel**.

The Office of Student Activities and Leadership Development is now the **Office of Student Leadership and Service**, directed by **Cheryl Jenkins**.

Location Changes

Academic and Career Planning will occupy most of the second floor of Park Center. Staff from Academic Advising and the 23+ Program have moved from first Park to the second floor.

Commuter Life and Diversity Programs, First Year Experience, and Residence Life have moved from second Park to first Park, occupying the offices that had housed Academic Advising. **Ann Gleason**, Dean of Students, and **Amy Hayes**, assistant, have remained on second Park.

The Institute for Women's Leadership has moved from the second floor of Park Center into the Chapel, occupying the office that formerly housed Volunteer Services.

Volunteer Services has become part of the newly named Office of Student Leadership and Service and has moved to the second floor of Cate Center.

Personnel Changes

Academic and Career Planning will welcome new **Associate Director Jennifer Schum** on July 1. Schum will come to us from Bellarmine University in Louisville, KY, where she served as a developmental advisor; she is a Ph.D. candidate in College Student Personnel at the University of Louisville. **Candice Fisher**, formerly co-director of First Year Experience, will continue to coordinate first year programs (including orientation) and provide academic advising as a part of this newly blended office; Fisher is a Ph.D. candidate at NCSU.

Donna Pilkington, formerly assistant in 23+, is now administrative assistant for the Counseling Center and the Health Center, spending the early and late parts of the day on the first floor and the middle of the day on the second floor of Carroll Hall.

Athletics is welcoming **Dr. Melinda Campbell** as **head coach for basketball** and **Rachel Gale** as **head coach for tennis**.

The Dean of Students and Residence Life will welcome **new resident director for Barefoot, Kate Fraser**, at the end of July. Fraser graduated from NCSU in May, with a BA in political science. **Sarah May**, formerly resident director of Brewer, will be apartment manager of the student apartments, opening on August 1.

Enrollment will welcome **Registrar Amanda Steele-Middleton** on July 1; she holds the MBA from Wright State University and is currently registrar at Heidelberg University. Recent graduates **Anna Buryk** and **Joy Strickland** have been selected fall counselors for Admissions and will begin work on July 27.

In late July, we will welcome **Caitlin Regan** as our new VISTA employee. Caitlin received in May the B.S. in Social Work from the University of Vermont.

Tabitha Underwood, formerly coordinator of volunteer services, is now **assistant director** in the newly named **Office of Student Leadership and Service**.



Registration

Continuing students who have preregistered for fall may make changes to their schedules through WebAdvisor until 4:00 p. m. on August 13. Drop-add will reopen in WebAdvisor at 12:00—noon on August 19. Returning students may also drop-add in the Science and Math Building on August 19 from 2:00 p.m. until 4:00 p.m.

Students may register in person in the Office of the Registrar, with a tuition receipt, until August 13. Students who do not preregister may register in the Science and Math Building on Tuesday, August 19 from 10:00 a.m. until noon, and from 2:00 p.m. until 4:00 p.m.*

*Registration and drop-add will con-

tinue in the Office of the Registrar from Wednesday, August 20 until 6:00 p.m. on Tuesday, August 26.*



Summer Reading Program

Once again Meredith students are invited to participate in our Summer Reading Program. This exciting program is designed to help connect students to the Meredith community by having a common reading experience with fellow classmates, participating in a small group discussion led by a faculty member, providing an opportunity to attend a lecture by the author of the book, and by giving an innovative connection to academics at Meredith.

The 2009 Summer Reading book is *Unbowed*, a memoir by Nobel laureate Wangari Maathai of Kenya. Maathai has been a trailblazer on behalf of women and the environment; her work and her life story fit nicely with the 2009-2010 campus wide theme "Catalysts for Change." The Green Belt Movement she established has helped to restore Kenya's indigenous forests and involved women in sustainable agricul-

ture. Maathai has fought political corruption, struggled for women's rights, spent time in jail, and won a seat in her country's Parliament. Her formative years include a nurturing childhood in a Kenyan mountain village and an undergraduate education in the American Midwest during the Civil Rights era.

We ask that you purchase and read our Summer Reading Program selection before arriving on campus in August and encourage you to visit the summer reading program web-site at www.meredith.edu/summer-reading/. The information on the website will deepen your understanding of the book as well as prepare you for the campus-wide book discussions and activities we that will take place in early Fall. One of these exciting activities is a campus visit by the author, Wangari Maathai on October 1!

The book will be on sale when you visit campus, or you can purchase it wherever you shop for books. For more information contact the Office for First Year Experience at (919) 760-8050 or e-mail Chrissie Bumgardner, Co-director for First Year Experience at bumgardner@meredith.edu.



MC Alert

Emergency Notification Systems Launched

During 2008-2009, several efforts were made to strengthen emergency preparedness at Meredith.

The College launched MC Alert (an emergency notification system), installed a new campus siren, and created an emergency planning web site.

MC Alert allows Meredith to send time-sensitive notifications via voice messages, emails and text messages. The service will help keep the Meredith community better informed in the event of an on-campus emergency that poses an immediate risk to the health and safety of the campus community. To register for MC Alert, you will need your WebAdvisor login and password and go to www.meredith.edu/mcalert.

Meredith has installed a siren

warning system that will allow the College to issue warnings for incidents involving campus safety and security. The system has both alarm and voice capability.

Meredith's Incident Management Team created a web site that details campus safety resources at www.meredith.edu/mcalert



Campus Dining Services

Check out the exciting changes Campus Dining made on your campus thanks to you feedback!

Belk Dining Hall

All meal plan members will receive a free, environmentally-friendly, reusable to-go container this fall

Menus & nutritional information available online

Just4U Nutrition Messaging

Extended hours of service

Expanded cereal bar (now offering 14 flavors)

Soymilk available daily

New menu items, stations and food court layout

More made-to-order, vegetarian & healthy options

Beehive Café

Credit cars now accepted

New items for your convenience- toiletries, health & beauty products, supplies & more!

\$5 Combo Meals

Meredith College Caterings

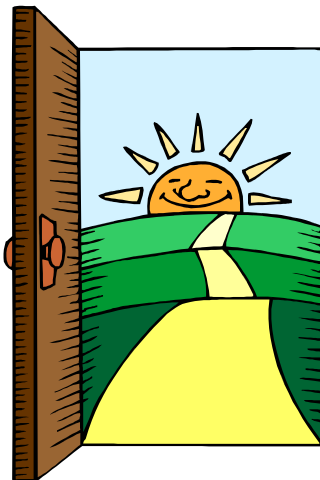
New menus designed to fit all budgets, parties & student groups

For all meal plans (including apartments) visit

www.meredith.edu/student-life/dining.htm

Service Hours for Belk Dining Hall	
Breakfast	
Mon.- Fri.	7:30 am - 9:30 pm
Continental	
Mon.- Fri.	9:00 am - 10:45 am
Sat. - Sun.	8:30 am - 10:00 pm
Lunch	
Mon. - Fri.	11:00 am - 2:00 pm
Sat. - Sun.	11:30 am - 1:30 pm
Light Lunch	
Mon.-Fri.	2:00 am - 4:30 pm
Dinner	
Mon. - Fri.	5:00 am - 7:00 pm
Sat. - Sun.	5:30am - 7:00 pm
BeeHive Café	
Mon. - Fri.	7:30 am - 8:00 pm
Sat.—Sun.	10:30 am - 5:30 pm

Student Leadership and Service



What can you gain by participating in one of Meredith's 90 student organizations? You can gain career-related hands-on experience, learn and practice leadership skills, develop relationships, and have fun. Be sure to attend the **Student Activities and Services Fair on Wednesday, August 19, from 5:00-7:00 p.m. in the Courtyard.** Meet representatives from a variety of student organizations, and ask questions about their activities, events, and membership expectations. Also, you'll want to look for information regarding all of our Leadership development programs: The WILD Conference, Emerging Leaders, The Sloan Family Student Leadership Program, The Sophie Lanneau Women's Leadership Development and The Leadershape Institute.

If you will be serving as an officer in one of Meredith's student organizations next year, you are asked to attend one of the **Officer Training Workshops in September.** The workshops will be September 2nd (5:30 -7:30 p.m.) and September 3rd (5:30 – 7:30 p.m.). Look for more details in August.

Your *Student Planner* provides a variety of important dates, meeting times, and organization descriptions. Commuters--remember to pick up your *2009-2010 Student Planner* in the Commuter Life Office, 1st Park Center, when the fall semester begins.

Academic & Career Planning

www.meredith.edu/acp

We're available to help you during your academic journey at Meredith College. Take advantage of the individual assistance, workshops, classes, and resources available to help you:

- explore majors and careers
- find success during your academic and career pursuits
- connect with professionals and employers that can lead to internships and full time positions
- pursue graduate and professional studies

AUGUST AND SEPTEMBER EVENTS

Check out our website for a complete listing of our events

Registration & Add/Drop	8/18
Last day to drop/add a course	8/25
Senior Salute	8/26
GRE Study Sessions	9/9, 16, 23, 30
Resume Workshop	9/11
Interviewing Workshop	9/18
Graduate School Series:	
• Thinking About Grad School	9/14
• Entrance Exams	9/21
• Personal Statements	9/28
• Financing	10/5
Prepare to Network	9/28
Networking Event	9/29
Last day to withdraw from a class	10/21
Last day to withdraw from the semester	12/2

ACP Services...

- Academic advising & planning
- Four year academic plans
- Interest and preference assessments
- What Can I Do With A Major In....
- Choosing a major
- Career planning classes for freshmen/sophomores or juniors/seniors
- Study skills assistance:
 - Time management
 - Note taking
 - Test taking
 - How to study in...
- Assistance for students in academic difficulty
- Resumes and cover letters
- Interviewing
- Internships/co-ops
- Mock interviews
- Information sessions by employers or graduate schools.
- Job search strategies
- Employer research
- On campus interviews
- Career Fairs: Spring, Non-Profit, Teacher
- Graduate school
- Networking workshop and event
- Etiquette dinner



1. Go to class and sit near the front.
2. Read the chapters before you get to class.
3. Get to know your professors
4. Make a schedule and keep it.
5. Study ahead for tests...do not cram.
6. Get plenty of sleep and make time to eat.
7. Review, recite and rewrite your notes.
8. Make sure your study conditions work for you.
9. Make a practice test for yourself.

CareerLink



to log into CareerLink, click on the appropriate link above.

CareerLink advertises current job opportunities and career events 24 hours a day, 7 days a week.

Listings for internships and full time positions are posted on a daily basis by employers.

Every Meredith student has a CareerLink account. Just go to our website at www.meredith.edu/acp and login today.

Apply for positions by uploading your resume and cover letters. Let the system help you keep organized.

Never miss an opportunity again. View all the events, workshops, information sessions, and on campus recruiting schedules in one place.

The Resource Library under your account maintains valuable information from workshop handouts to the passwords for our other resources.

Academic Department News

STUDY ABROAD

It's never too early to start planning to travel abroad. What better way to get some first hand experience with foreign language, scientific field research, historical studies, etc. than spending a summer, semester or year abroad? Contact Amanda Beasley at (919) 760-8835, e-mail her at beasleya@meredith.edu or drop by the Office of International Programs in Joyner Hall to sign up for an appointment and start your planning right away.

HONORS PROGRAM

The Honors Program at Meredith offers an enriched academic and co-curricular program of study to gifted, motivated students. The program challenges the honors student to expand her power of thinking – analytically, critically, and creatively; to increase her knowledge; to stretch her imagination; to improve her communication skills; to achieve a clear sense of life direction; and to develop as a whole person. For questions contact Honors@meredith.edu or Dr. Beth Mulvaney at mulvaneyb@meredith.edu

EDUCATION

There is not a major in education; however, you can obtain a teaching license in conjunction with any major.

Students who pursue a teaching license at the 6-9, 9-12, K-12 or B-K levels seek majors in the same area. For example, a student seeking 9-12 mathematics teaching license would generally major in mathematics.

For students who wish to teach in an elementary school (K-6), the options are many. Students interested in teaching in an elementary school can have any major in conjunction with the K-6 licensure program.

Listed below are the Meredith College Teacher Education Program highlights:

Pass rate for Praxis Specialty Areas Exams for 2004-2005: 97%

Master's Program – Elementary, Reading and English as a Second Language

English as a Second Language Program for undergraduates. Meredith College was the first institution to receive temporary authorization to offer English as a Second Language at the undergraduate level.

If you are interested in teaching or have questions/concerns, please contact your advisor or call the School of Education at (919)-760-8315. Anyone in the School of Education will be happy to talk with you about seeking licensure.



The Undergraduate Research Program

At Meredith, you can collaborate with faculty in your favorite field of study and step into the spotlight with your results. The Undergraduate Research Program has funds to support partnerships in scholarship between faculty and students in all departments and to facilitate your travel to conferences where your accomplishments are presented. You may earn course credit as you

pursue your agenda, and in some circumstances you may be awarded a stipend as a member of a research team.

Each spring, on the day of Celebrating Student Achievement, the Undergraduate Research Conference at Meredith showcases the impressive research projects of students in the humanities, the natural and social

sciences, the performing arts, the fine arts, mathematics, and the varied professional programs of study. Students' participation through presentations, performances, or posters signals just one more way that Meredith educates women to excel.

The Office of Undergraduate Research is located in Ledford 100.

Carroll Health Center..

The staff at Carroll Health Center wishes to welcome all new and returning students to Meredith! We hope you had a great summer!

We are located on the first floor of Carroll Hall between Belk Dining Hall and Martin Hall.

The Health Center provides confidential clinical care to those eligible for services, and provides education on disease prevention and health promotion to help students make healthy choices for their well being.

The fee for using the Health Center is already included in the resident students' room and board costs. Apartment students and commuter students may choose to pay the health fee of \$100 per semester for unlimited sick visits. This does not include gynecology visits.

Health fees cover costs of physician and nursing services rendered in the Health Center. Some prescriptions, x-rays, laboratory tests, the gynecology clinic, student teacher physicals, emergency room fees, and consultations with physicians off campus must be paid for by the student.

We also offer the following vaccines for a fee: influenza, Menactra (meningitis), and Gardasil (HPV). Please call the Health Center at (919)

760-8535 for more information about these vaccines.

In addition to our regular office hours and services, Wake County Human Service provides free STD (Sexually Transmitted Disease) testing every Wednesday from 12:00—3:00 pm for four different STD's. There is no exam required for this testing.

All records at Carroll Health Center are confidential. No one will have access to your medical record without your written consent.

Nursing care is available during Health Center hours of operation. To see the physician or the physician assistant, you will need an appointment.

You may come by the Health Center to self-check your blood pressure and weight during operating hours. If you are concerned about your chronic care needs, we will be glad to refer you to a primary care physician for evaluation when necessary.

An upgraded student health insurance underwritten by United Healthcare is available for a fee. Please refer to the Health Services section of the Meredith College website for more information. This is not a major medical policy.

Staff and faculty are also seen in the Health Center. The hours for the staff and faculty do not conflict with hours set aside for students.

Please stop by Carroll Hall to meet the Health Center Staff!! We look forward to serving you in the future should you choose to use the Meredith College Health Center for your healthcare needs.

PA/Director: Sherri Henderson

MD: Anne Smithson

RN's: Melinda McLain and Debbie Potter

Office Assistant: Donna Pilkington

Hours of Operation

Monday- Friday 8:00 – 5:00

Physician Hours

For appointments:

Monday and Tuesday 11:30 – 2:30

Wednesday (GYN clinic)

9:00 – 12:00

Thursday 9:00 – 12:00

Friday 10:00 – 12:00

HIV/STD Clinic

Wednesdays 12:00 – 3:00

Looking Forward to Graduating from Meredith?

The outlook is good that you will graduate with your class at Meredith. According to the graduation rate survey by the Office of Research, Planning and Assessment, 53.4% of Meredith's full-time first-time students who entered in Fall 2001 graduated in four years, and 62.6% graduated within six years.

The average graduation rates at Meredith are 54.4% in four or fewer years, 63.9% within five years, and 65.3% within six years.

Meredith's graduation rates are strong compared with national norms. **Data published by American College Test in 2006 shows the national average graduation rate of 4-year private institutions**

is 57.8% completing in five years. Meredith's five-year graduation rate for freshmen entering in 2001 is 60.5% and the four year average (1998 - 2001) is 63.9%. For more information on graduation and persistence rates at Mere-

dith, you may obtain a copy of the Student Right to Know Report in the Registrar's or Financial Assistance Offices.



Beginnings and Endings

Fall Semester 2009

Arrival of new students	Sat., Aug. 15
Registration and Add/Drop	Tue., Aug. 18
Classes begin	Wed., Aug. 19
Last day to drop a course without paying	Tue., Aug. 25
Last day to add a course	Tue., Aug. 25
Labor Day Holiday--No classes held	Mon., Sept. 7
Last day to make a grading change	Wed., Sept. 16
Mid-Term	Tue., Oct. 6
Progress Reports due at 12:00 Noon	Wed., Oct. 7
Autumn Recess	Thu., Oct. 8 – Sun., Oct. 11
Classes Resume	8:00 a.m. Mon., Oct., 12
Last Day to withdraw from a class	Wed. Oct. 21
Thanksgiving Recess	Wed., Nov. 25 – Sun., Nov. 29
Classes resume	8:00 a.m. Mon., Nov. 30
Last day of classes	Wed., Dec. 2
Reading day; music juries	Thu., Dec. 3
Final Examinations	Fri., Dec. 4– Thur., Dec. 10

Spring Semester 2010

Students return to residence halls	Sun., Jan. 10
Registration and Add/Drop	Tues., Jan 12
Classes begin	Wed., Jan 13
Last day to drop a course without paying	Wed., Jan 20
Last day to add a course	Wed., Jan 20
Martin Luther King Holiday--No classes held	Mon., Jan 18
Last day to make a grading change	Wed., Feb 10
Mid-Term	Thur., Mar. 4
Progress Reports due at 12:00 Noon	Fri., Mar. 5
Spring Recess	Mon., Mar. 15– Sun, Mar 21
All Offices Closed for Spring Break	Fri., Mar. 19
Classes resume at 8:00 a.m.	Mon., Mar. 22
Last Day to withdraw from a class	Fri., Mar. 26
Easter Recess	Fri., Apr. 2– Mon., Apr. 5
Classes resume at 8:00 a.m.	Tue., Apr. 6
Celebrating Student Achievement (No Classes)	Thu., Apr. 22
Last Day of Class: Classes today follow the regular Thursday schedule	Thu., Apr 29
Reading Day; music juries	Fri., Apr.30
Final Examinations	Sat., May 1-Fri., May 7
Commencement	Sun., May 9

Division of College Programs

MEREDITH COLLEGE

We're On The Web!
www.meredith.edu

Dean Of Students

Ann Gleason

Office Manager

Amy Hayes
919-760-8521

First Year Experience Staff

Chrissie Bumgardner
Candice Fisher
919-760-8050

Director of Commuter Life and Diversity Programs

Tomecca Sloane
919-760-8631

Director Of Residence Life

Heidi LeCount

Departmental Assistant

Donna LaHaye
919-760-8633

Director of Academic and Career Planning

Marie Sumarel

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Ann Phillips
919-760-8341