

Student Name \_\_\_\_\_

Advisor \_\_\_\_\_

**Bachelor of Science with a major in Exercise & Sports Science – Physical Education  
2007-2008 Catalogue**

**General Education Requirements**

CORE 100.....	4
CORE 200.....	var
CORE 400 .....	3
ENG 111...(C or better).....	3
ENG 200.....	3
HIS 101, 102 or 103.....	3
REL 101,102,103,104 or 105.....	3
Mathematics.....	3
Quantitative Course.....	3
Foreign Language <sup>1</sup> .....	0-12
Literature Elective.....	3
Cultural Perspectives Elective.....	3
Lab Science.....	4
Science in Society.....	3
Social & Behavioral Sciences.....	6

- PSY 210 OR 310
- PSY 100 (pre-req to other psy)

Aesthetics & the Arts.....	3
Health.....	0-2
PE Activities <sup>2</sup> .....	3-4

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Writing Course	2 courses.....
• ESS 200	• EDU 232

Ethics Course	1 course.....
• ESS 300	

Oral Com Course	1 course.....
• ESS 460	

Info Lit. Course	1 course.....
• ESS 200	

Exper. Learning	1 exper./course
• EDU 490	

Conv/Cult Events	12 events.....	12
Fundamental	Tech Comp.....	0

**Major Requirements**

**CORE**

HED 100.....	2
BIO 322/342.....	4
ESS 200.....	3
ESS 220.....	2
ESS 255.....	3
ESS 300.....	3
ESS 310.....	3
ESS 320.....	3
ESS 475.....	3
ESS 482.....	3
SOC 335 ESS 485.....	3
ESS 487.....	1
BIO 322/342 ESS 460.....	2

**6 PE/DAN Electives (beyond Gen Ed from each of the categories below)**

- |                        |                          |
|------------------------|--------------------------|
| • Aquatics             | • Team Sports            |
| • Fitness              | • Individual/Dual Sports |
| • Leisure & Recreation | • Dance                  |


HED 100

**Methods & Prof. Edu. Courses**

ESS 743.....	3
ESS 744.....	2
ESS 745.....	4
ESS 746.....	3
PSY 210 or 310.....	3
SOC 335.....	3
EDU 232.....	3
EDU 234.....	3
EDU 440.....	1
EDU 241.....	1
EDU 450.....	1
EDU 490.....	6

<sup>1</sup>Nine hours must be in the same language

<sup>2</sup> PE/DAN activities are required if no health courses are taken. If a health course is taken, 3 PE activities are required. Up to 8 PE activities can be counted toward graduation. All activity credit may not be in a team sport.

Overall, Major and Meredith GPAs of 2.0 are required to graduate

124 hours are required to graduate. 155 are required for those earning two bachelor degrees. In addition, 24 of the last 30 hours must be taken at Meredith. For transfer students, 31 hours must be completed at Meredith and 58 hours must be taken at a four-year institution. Once requirements are complete, additional hours may be filled with electives.