World Class Coverage Plan  
designed for  
Meredith College Study Abroad Participants  
2013-2014  

administered by Cultural Insurance Services International • River Plaza • 9 West Broad Street • Stamford, CT 06902-3788  

This plan is underwritten by Arch Insurance Group

Policy terms and conditions are briefly outlined in this Description of Coverage. Complete provisions pertaining to this insurance are contained in the Master Policy on file with the Participating Organization. In the event of any conflict between this Description of Coverage and the Master Policy, the Policy will govern.

Schedule of Benefits  

<table>
<thead>
<tr>
<th>Coverage and Services</th>
<th>Policy #</th>
<th>STB009988000</th>
<th>Maximum Limits</th>
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</thead>
<tbody>
<tr>
<td>Section I</td>
<td></td>
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<tr>
<td>• Accidental Death Per Insured</td>
<td></td>
<td>$10,000</td>
<td></td>
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<tr>
<td>• Medical expenses (per Accident or Sickness):</td>
<td></td>
<td>zero</td>
<td></td>
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<tr>
<td>Deductible</td>
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<tr>
<td>Basic Medical</td>
<td></td>
<td>$100,000 at 100%</td>
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<tr>
<td>• Extension of Benefits</td>
<td></td>
<td>30 days</td>
<td></td>
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<tr>
<td>• Emergency Medical Reunion</td>
<td></td>
<td>$2,000</td>
<td></td>
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<tr>
<td>Section II</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>• Medical Evacuation</td>
<td></td>
<td>$100,000</td>
<td></td>
</tr>
<tr>
<td>• Repatriation/Return of Mortal Remains</td>
<td></td>
<td>$50,000</td>
<td></td>
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<tr>
<td>Section III</td>
<td></td>
<td></td>
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<tr>
<td>• Security Evacuation Rider (Comprehensive)</td>
<td></td>
<td>$100,000</td>
<td></td>
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<tr>
<td>• TeamAssist #01-AA-CIS-01133</td>
<td></td>
<td></td>
<td>(Emergency Contact: 609-986-1234, <a href="mailto:medservices@assistamerica.com">medservices@assistamerica.com</a>)</td>
</tr>
</tbody>
</table>

Section I - Benefit Provisions

SCOPE OF COVERAGE
Benefits are payable under this Policy for Covered Expenses incurred by an Insured Person for the items stated in Section II, Schedule of Benefits. Benefits shall be payable to either the Insured Person or the Service Provider for Covered Expenses incurred outside the Insured Person’s Home Country. The duration of the Insured Person’s trip must be less than 365 days. The Insured Person must remain continuously insured under the Policy for the duration of the Treatment. The charges enumerated herein shall in no event include any amount of such charges which are in excess of Reasonable and Customary charges. If the charge incurred is in excess of such average charge such excess amount shall not be recognized as a Covered Expense. All charges shall be deemed to be incurred on the date such services or supplies, which give rise to the expense or charge, are rendered or obtained.

Accidental Death and Dismemberment Benefit

Accidental Death and Dismemberment Insurance is afforded to an Insured Person which shall apply only to Injury, as defined in Section III, Definitions, sustained by such Insured Person during the course of coverage. Such Insurance includes such Injury which occurs during the course of time the Insured Person is covered under the Policy; The Company shall pay an indemnity determined from Section II Schedule of Benefits, Accidental Death and Dismemberment, Table of Losses, if an Insured Person sustains a Loss stated therein resulting from Injury, provided that:
1) such Loss occurs within 365 days after the date of Accident causing such Loss; and
2) the indemnity payable for any such Loss shall be the Principal Sum stated in Section II, Schedule of Benefits, Accidental Death and Dismemberment, Principal Sum, as applicable to such Insured Person and this Insurance; and
3) if more than one Loss stated in said Table is sustained as the result of one Accident, only one of the amounts so stated in said Table, the largest, shall be payable.

Exposure
If by reason of an Accident covered by the Policy an Insured Person is unavoidably exposed to the elements and as a result of such exposure suffers a Loss for which the Principal Sum is otherwise payable hereunder such Loss will be covered under the terms of this Policy.

Disappearance
If the body of an Insured Person has not been found within one year of the disappearance, forced landing, stranding, sinking, or wrecking of a conveyance in which such Insured Person was an occupant, then it shall be deemed, subject to all other terms and provisions of the Policy, that such Insured Person shall have suffered Loss of life within the meaning of the Policy.

For Loss of:  

<table>
<thead>
<tr>
<th>Percentage of Maximum Amount</th>
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<tbody>
<tr>
<td>Both Hands or Both Feet</td>
</tr>
<tr>
<td>Sight of Both Eyes</td>
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<tr>
<td>One Hand and One Foot</td>
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<tr>
<td>One Hand and the Sight of One Eye</td>
</tr>
<tr>
<td>One Foot and the Sight of One Eye</td>
</tr>
<tr>
<td>Speech and Hearing in Both Ears</td>
</tr>
<tr>
<td>One Hand or One Foot</td>
</tr>
<tr>
<td>The Sight of One Eye</td>
</tr>
<tr>
<td>Speech or Hearing in Both Ears</td>
</tr>
<tr>
<td>Hearing in One Ear</td>
</tr>
<tr>
<td>Thumb and Index Finger of Same Hand</td>
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</tbody>
</table>

“Loss” of a hand or foot means complete severance through or above the wrist or ankle joint. “Loss” of sight of an eye means total and irrecoverable loss of the entire eye. “Loss” of hearing in an ear means total and irrecoverable loss of the entire ability to hear in that ear. “Loss” of speech means total and irrecoverable loss of the entire

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ability to speak. “Loss” of thumb and index finger means complete severance through or above the metacarpophalangeal joint of both digits. If more than one Loss is sustained by an Insured as a result of the same accident, only one amount, the largest, will be paid. Only one benefit, the largest to which you are entitled, is payable for all losses resulting from the same accident. Maximum aggregate benefit per occurrence is $1,000,000.

**Accident and Sickness Medical Expenses**

The Company will pay Covered Expenses due to Accident only, as per the limits stated in Section II, Schedule of Benefits, Accident Medical. Coverage is limited to Covered Expenses incurred subject to Section V, Exclusions. All bodily Injuries sustained in any one Accident shall be considered one Disablement; all bodily disorders existing simultaneously which are due to the same or related causes shall be considered one Disablement. If a Disablement is due to causes which are the same or related to the cause of a prior Disablement (including complications arising therefrom), the Disablement shall be considered a continuation of the prior Disablement and not a separate Disablement.

Treatment of an Injury must occur within 30 days of the Accident.

When a covered Injury is incurred by the Insured Person the Company will pay Reasonable and Customary medical expenses of the Deductible and Coinsurance as stated in section II, Schedule of Benefits, Accident Medical. In no event shall the Company’s maximum liability exceed the maximum stated in Section II, Schedule of Benefits, Accident Medical, as to Covered Expenses during any one period of individual coverage.

The Deductible and Coinsurance amount consists of Covered Expenses which would otherwise be payable under this Policy. These expenses must be borne by the Insured Person.

**Covered Accident and Sickness Medical Expenses**

*For the purpose of this section, only such expenses, incurred as the result of a Disablement, which are specifically enumerated in the following list of charges, and which are not excluded in the Exclusions section, shall be considered as Covered Expenses:*

- Charges made by a Hospital for room and board, floor nursing and other services inclusive of charges for professional service and with the exception of personal services of a non-medical nature; provided, however, that expenses do not exceed the Hospital’s average charge for semiprivate room and board accommodation
- Charges made for Intensive Care of Coronary Care charges and nursing services
- Charges made for diagnosis, treatment and Surgery by a Physician
- Charges made for an operating room
- Charges made for Outpatient treatment, same as any other treatment covered on an Inpatient basis. This includes ambulatory Surgical centers, Physicians’ Outpatient visits/examinations, clinic care, and Surgical opinion consultations.
- Charges made for the cost and administration of anesthetics.
- Charges for medication, x-ray services, laboratory tests and services, the use of radium and radioactive isotopes, oxygen, blood, transfusions, iron lungs, and medical treatment
- Charges for physiotherapy, if recommended by a Physician for the treatment of a specific Disablement and administered by a licensed physiotherapist
- Dressings, drugs, and medicines that can only be obtained upon a written prescription of a Physician or Surgeon
- Charges made for artificial limbs, eyes, larynx, and orthotic appliances, but not for replacement of such items
- Local transportation to or from the nearest Hospital or to and from the nearest Hospital with facilities for required treatment. Such transportation shall be by licensed ground ambulance only
- Nervous or Mental Disorders: are payable, a) up to $500 for outpatient treatment; or b) up to $5,000 on an inpatient basis. The Company shall not be liable for more than one such inpatient or outpatient occurrence per lifetime under the Policy with respect to any one Insured
- Chiropractic Care and Therapeutic Services shall be limited to a total of $50 per visit, excluding x-ray and evaluation charges, with a maximum of 10 visits per injury or illness. The overall maximum coverage per injury or illness is $500.00 which includes x-ray and evaluation charges.

**Extension of Benefits**

Those Covered Expenses that are incurred inside the Insured Person’s Home Country related to an Illness or Injury which occurred outside the Insured Person’s Home Country and during the period of coverage shall be paid. Covered Expenses described in (1 through 10) above which are incurred in the Insured Person’s Home Country are limited to the maximum stated in Section II, Schedule of Benefits, Accident Medical, Extension of Benefits. Benefits incurred in an Insured’s Home Country will be administered on a secondary basis.

**Emergency Medical Reunion**

When an Insured Person is hospitalized for more than six days, the Company will arrange and pay for round trip economy-class transportation for one individual selected by the Insured Person, from the Insured Person’s current Home Country to the location where the Insured Person is hospitalized. The benefits payable will include:

- The cost of a round trip economy airfare and their hotel and meals (to a maximum of $100 per day) up to the maximum stated in the Schedule of Benefits, Emergency Medical Reunion;
- All transportation in connection with an Emergency Medical Reunion must be pre-approved and arranged by an assistance company representative appointed by the Company.

**Baggage and Personal Effects**

The Company will reimburse the Insured Person, up to the amount stated in Section II, Schedule of Benefits, Baggage and Personal Effects, for theft or damage to baggage and personal effects, checked with a Common Carrier provided the Insured Person has taken all reasonable measures to protect, save and/or recover his/her property at all times. The baggage and personal effects must be owned by and accompany the Insured Person at all times.

[There will be a per article limit of $100; $250 for cameras.]

The Company will pay the lesser of the following:

- The actual cash value (cost less proper deduction for depreciation at the time of loss, theft or damage;
- The cost to repair or replace the article with material of a like kind and quality; or
- $100 per article.

**Exclusions**

*For all benefits listed in the Schedule of Benefits this Insurance does not cover:*

- Pre-Existing conditions, defined as any condition for which a licensed physician was consulted, or for which treatment or medication was prescribed, or for which manifestations of symptoms would have caused a person to seek medical advice prior to the Effective Date of coverage under the Policy, except as specified below:
  - If the Insured Person does not receive medical care or services, including prescription drugs or other medical supplies, and is not under the care of a Physician with respect to the Pre-Existing Condition or related condition(s), for a period of 12 consecutive months beginning on or after the first day of coverage, the pre-existing condition exclusion will no longer apply and any eligible charges incurred after the treatment free period will be considered for reimbursement; or
  - If the Insured Person is covered under the Policy for 12 consecutive months, the Pre-Existing Condition exclusion will no longer apply and any eligible expenses incurred thereafter will be considered for reimbursement; or
  - Emergency Medical Evacuation/Repatriation and Return of Mortal Remains

**Note:** This policy does pay benefits to a maximum of $500 for loss due to a pre-existing condition.

- Charges for treatment which exceed Reasonable and Customary charges
- Charges incurred for Surgery or treatments which are, Experimental/Investigational, or for research purposes
• Services, supplies or treatment, including any period of Hospital confinement, which were not recommended, approved and certified as Medically Necessary and reasonable by a Physician

• Suicide or any attempt thereof, while sane or self destruction or any attempt thereof, while sane

• Any consequence, whether directly or indirectly, proximately or remotely occasioned by, contributed to by, or traceable to, or arising in connection with a) war, invasion, warlike operations (whether war be declared or not), or civil war; or b) mutiny, riot, strike, military or popular uprising insurrection, rebellion, revolution, military or usurped power

• Injury sustained while participating in professional athletics

• Routine physicals, immunizations, or other examinations where there are no objective indications or impairment in normal health, and laboratory diagnostic or x-ray examinations, except in the course of a Disability established by a prior call or attendance of a Physician

• Treatment of the Temporomandibular joint

• Vocational, speech, recreational or music therapy

• Services or supplies performed or provided by a Relative of the Insured Person, or anyone who lives with the Insured Person

• The refusal of a Physician or Hospital to make all medical reports and records available to the Company will cause an otherwise valid claim to be denied

• Cosmetic or plastic Surgery, except as the result of a covered Accident; for the purposes of this Policy, treatment of a deviated nasal septum shall be considered a cosmetic condition

• Elective Surgery or Elective Treatment which can be postponed until the Insured Person returns to his/her Home Country, where the objective of the trip is to seek medical advice, treatment or Surgery

• Treatment and the provision of false teeth or dentures, normal ear tests and the provision of hearing aids

• Eye refractions or eye examinations for the purpose of prescribing corrective lenses for eye glasses or for the fitting thereof, unless caused by Accidental bodily Injury incurred while insured hereunder

• Any Mental and Nervous disorders or rest cures, unless otherwise covered under this Policy

• Treatment while confined primarily to receive custodial care, educational or rehabilitative care, or nursing services

• Congenital abnormalities and conditions arising out of or resulting therefrom

• The cost of the Insured Person’s unused airline ticket for the transportation back to the Insured Person’s Home Country, where an Emergency Medical Evacuation or Repatriation and/or Return of Mortal Remains benefit is provided

• Expenses as a result or in connection with intentionally self-inflicted Injury or Illness

• Expenses as a result or in connection with the commission of a felony offense

• Injury sustained while taking part in mountaineering where ropes or guides are normally used; hang gliding; parachuting; bungee jumping; racing by horse, motor vehicle or motorcycle; parasailing

• Treatment paid for or furnished under any other individual or group policy or other service or medical pre-payment plan arranged through the employer to the extent so furnished or paid, or under any mandatory government program or facility set up for treatment without cost to any individual

• Injuries for which benefits are payable under any no-fault automobile Insurance Policy

• Dental care, except as the result of Injury to natural teeth caused by Accident, unless otherwise covered under this Policy

• Routine Dental Treatment

• Drug, treatment or procedure that either promotes or prevents conception, or prevents childbirth, including but not limited to artificial insemination, treatment for infertility or impotency, sterilization or reversal thereof, or abortion limited to $500

• Treatment for human organ tissue transplants and their related treatment

• Expenses incurred within the Insured Person’s home country or country of residence, unless otherwise covered under this Policy

• Weak, strained or flat feet,corns, calluses, toenails

• Diagnosis and treatment of acne

• Injury sustained while the Insured Person is riding as a pilot, student pilot, operator or crew member, in or on, boarding or alighting from, any type of aircraft.

In addition to the exclusions listed above, the following exclusions apply to Accidental Death and Dismemberment Insurance only:

• Disease of any kind

• Bacterial infections except pyogenic infection which shall occur through an accidental cut or wound

• Neuroses, psychoneuroses, psychopathies, psychoses or mental or emotional diseases or disorders of any type.

Definitions

“Accident” or “Accidental” shall mean an event, independent of Illness or self inflicted means, which is the direct cause of bodily Injury to an Insured Person.

“Assistance Company” means the service provider with which the Company has contracted to coordinate and deliver Emergency travel assistance, medical evacuation, and repatriation.

“Benefit Period” means the allowable time period the Insured Person has from the date of Injury or onset of Illness to receive Treatment for a covered Injury or Illness. If the Insured Person’s plan terminates during the Benefit Period, the Insured Person will still be eligible to receive Treatment so long as the Treatment is within the Benefit Period and outside the Insured Person’s Home.

“Common Carrier” shall mean any land, sea, and/or air conveyance operating under a valid license for the transportation of passenger for hire.

“Company” shall be Arch Insurance Company.

“Covered Expenses” shall mean expenses which are for Medically Necessary services, supplies, care, or Treatment; due to Illness or Injury; prescribed, performed or ordered by a Physician; Reasonable and Customary charges; incurred while insured under this Policy; and which do not exceed the maximum limits shown in Section II, Schedule of Benefits, under each stated benefit.

“Deductible” shall mean the amount of eligible Covered Expenses which are the responsibility of each Insured Person and must be paid by each Insured Person before benefits under the Policy are payable by the Company. The Deductible amount is stated in Section II, Schedule of Benefits, under each stated benefit.

“Dentist” shall mean a legally licensed doctor of dental Surgery; dental medicine or dental science. A dental hygienist who works within the scope of his/her license, under the supervision of a Dentist, is a covered practitioner.

“Effective Date” shall mean the date the Insured Person’s coverage under this Policy begins.

The Effective Date of this Policy is the later of the following:
1. The Date the Company receives a completed application and premium for the Policy
2. The Effective Date requested on the application or
3. The Date the Company approves the application.

“Emergency” shall mean a medical condition manifesting itself by acute signs or symptoms which could reasonably result in placing the Insured Person’s life or limb in danger if medical attention is not provided within 24 hours.

“Experimental/Investigational” means all services or supplies associated with: 1) Treatment or diagnostic evaluation which is not generally and widely accepted in the practice of medicine in the United States of America or which does not have evidence of effectiveness documented in peer reviewed articles in medical journals published in the United States. For the Treatment or diagnostic evaluation to be considered effective such articles should indicate that it is more effective than others available; or if less effective than other available Treatments or diagnostic evaluations, is safer or less costly; 2) A drug which does not have FDA marketing approval; 3) A medical device which does not have FDA marketing approval; or has FDA approval under 21 CFR 807.81, but does not have evidence of effectiveness for the proposed use documented in peer reviewed articles in medical journals published in the United States. For the devise to be considered effective, such articles should indicate that it is more effective than other available devices for the proposed use; or if less effective than other available devices, or is
safer or less costly. The company will make the final determination as to whether a service or supply is Experimental/Investigational.

“Family Member” shall mean a spouse, parent, sibling or Child of the Insured Person.

“Home Country” shall mean the country where an Insured Person has his or her true, fixed and permanent home and principal establishment.

“Hospital” as used in this Policy means a place that 1) is legally operated for the purpose of providing medical care and Treatment to sick or injured persons for which a charge is made that the Insured is legally obligated to pay in the absence of insurance 2) provides such care and Treatment in medical, diagnostic, or surgical facilities on its premises, or those prearranged for its use; 3) provides 24-hour nursing service under the supervision of a Registered Nurse at all times; and 4) operates under the supervision of a staff of one or more Doctors. Hospital also means a place that is accredited as a hospital by the Joint Commission on Accreditation of Hospitals, American Osteopathic Association, or the Joint Commission on Accreditation of Health Care Organizations (JCAHO).

Hospital does not mean:
-a convalescent, nursing, or rest home or facility, or a home for the aged;
-a place mainly providing custodial, educational, or rehabilitative care; or
-a facility mainly used for the Treatment of drug addicts or alcoholics.

“Illness” wherever used in this Policy shall mean Sickness or disease of any kind contracted and commencing after the Effective Date of this Policy.

“Injury” wherever used in this Policy means accidental bodily injury or injuries caused by an accident. The Injury must be the direct cause of the loss, independent of disease, bodily infirmity or other causes. Any loss due to Injury must begin after the Effective Date of this policy.

“Insurance” shall mean the coverage that is provided under this Policy.

“Insured Person(s)” shall mean a person eligible for coverage under the Policy as defined in Section I, Declarations #3 “Eligible Persons” who has applied for coverage and is named on the application and for whom the company has accepted premium. This may be the Insured Person or Dependent(s).

“Loss” in reference to quadriplegia, paraplegia, hemiplegia, and uniplegia, shall mean the complete and irreversible paralysis of such limbs and with regard to hands and feet, actual severson through and above the wrist or ankle joints, and with regard to eyes, entire irrecoverable Loss of sight and with regard to thumb and index finger, actual severson through or above the joint that meets the finger at the palm. Loss in reference to other coverages shall mean injury or damage sustained by the Insured in consequence of happening of one or more of the accidents against which the Company has undertaken to indemnify the Insured.

“Maximum Benefit” means the largest total amount of Covered Expenses that the Company will pay for the Insured.

“Medically Necessary” or “Medical Necessity” shall mean services and supplies received by the Insured Person while insured that are determined by the Company to be: 1) appropriate and necessary for the symptoms, diagnosis, or direct care and Treatment of the Insured Person’s medical conditions; 2) within the standards the organized medical community deems good medical practice for the Insured Person’s condition; 3) not provided solely for educational purposes or primarily for the convenience of the Insured Person, the Insured Person’s Physician or another Service Provider or person; 4) not Experimental/Investigational or unproven, as recognized by the organized medical community, or which are used for any type of research program or protocol; and 5) not excessive in scope, duration, or intensity to provide safe and adequate, and appropriate Treatment. For Hospital stays, this means that acute care as an Inpatient is necessary due to the kinds of services the Insured Person is receiving or the severity of the Insured Person’s condition, in that safe and adequate care cannot be received as an Outpatient or in a less intensified medical setting. The fact that any particular Physician may prescribe, order, recommend, or approve a service, supply, or level of care does not, of itself, make such Treatment Medically Necessary or make the charge of a Covered Expense under this Policy.

“Medicine” or “Medications” shall mean the drugs prescribed or dispensed to the Insured Person, by a licensed Physician, as a result of a Covered Expense. Medicine or Medication shall mean the generic equivalent of a drug, or if the generic equivalent is not available, the brand name drug.

“Mental and Nervous Disorder” shall mean any condition or disease listed in the most recent edition of the International Classification of Diseases as a mental disorder, which exhibits clinically significant behavioral or psychological disorder marked by a pronounced deviation from a normal healthy state and associated with a present painful symptom or impairment in one or more important areas of functioning.

“Outpatient” shall mean an Insured Person who receives care in a Hospital or another institution, including; ambulatory surgical center; convalescent/skilled nursing facility; or Physician’s office, for an Illness or Injury, but who is confined and is not charged for room and board.

“Policy Period” or “Period of Coverage” shall mean the period of coverage issued by the Company to the Insured Person, typically beginning with the Effective Date and ending with the termination date or the date coverage is renewed by the Company.

“Physician” as used in this Policy shall mean a doctor of medicine or a doctor of osteopathy licensed to render medical services or perform Surgery in accordance with the laws of the jurisdiction where such professional services are performed, however, such definition will exclude chiropractors and physiotherapists.

“Policy” shall mean this document, the application and any endorsements, riders or amendments that will attach during the Period of Coverage.

“Policyholder” means the Policyholder shown on the face page of this Policy.

“Pre-existing Condition” for the purposes of this Policy shall mean 1) a condition that would have caused a person to seek medical advice, diagnosis, care or Treatment 365 days prior to the Effective Date of coverage under this Policy; 2) a condition for which medical advice, diagnosis, care or Treatment was recommended or received during the 365 days prior to the Effective Date of coverage under this Policy; 3) expenses for a Pregnancy existing on the Effective Date of coverage under this Policy.

“Reasonable and Customary” shall mean the maximum amount that the Company determines is Reasonable and Customary for Covered Expenses the Insured Person receives, up to but not to exceed charges actually billed.

“Registered Nurse” shall mean a graduate nurse who has been registered or licensed to practice by a State Board of Nurse Examiners or other jurisdictional authority, and who is legally entitled to place the letters “R.N.” after his or her name.

“Scheduled Departure Date” means the date on which the Insured Person is originally scheduled to leave on the Trip.

“Scheduled Return Date” means the date on which the Insured Person is originally scheduled to return to the point of origin or to a different final destination.

“Service Provider” shall mean a Hospital, convalescent/skilled nursing facility, ambulatory surgical center, psychiatric Hospital, community mental health center, residential Treatment facility, psychiatric Treatment facility, alcohol or drug dependency Treatment center, birthing center, Physician, Dentist, chiropractor, licensed medical practitioner, Registered Nurse, medical laboratory, assistance service company, air/ground ambulance firm, or any other such facility that the Company approves.

“Sickness” means illness or disease contracted and causing loss commencing while the Policy is in force as to the Insured Person whose Sickness is the basis of claim. Any complication or any condition arising out of a Sickness for which the Covered Person is being treated or has received Treatment will be considered as part of the original Sickness.

“Surgery” shall mean an invasive diagnostic procedure; or the Treatment of Illness or Injury by manual or instrumental operations performed by a Physician while the patient is under general or local anesthesia.

“Unexpected” means not anticipated or expected and occurring after the effective date of the Policy.