

HR Update

Flu Shot

Flu season is just around the corner and anyone can be a potential target. Your best protection against debilitating effects of this virus is to get a flu shot. For this reason, Meredith College is hosting an onsite flu shot drive beginning during the benefits fair on October 23rd, 2008. Dates and locations are listed below.

Flu Shots at Meredith College:

October 23rd– 10:00 am -2:00 pm (Azalia Room)

October 27th– 8:00 am-12:00 pm (Kresge Auditorium)

October 29th– 2:00 pm-6:00 pm (Chapel Sanctuary Foyer)

The vaccine causes your body to produce antibodies that protect you against the virus. Even if you received a flu shot last year, you still need to receive another one this year to remain protected. This is because the flu strain changes each year and your body slowly loses its immunity.

Airport Parking—FastPark&Ride

Do you fly often? Does parking at the airport always seem to be a hassle and cost too much? By joining FastPark, airport parking is made easier and less expensive with a low rate of \$4.55! FastPark has made transport to the terminal quick and stress free. Upon arrival, they will show you to your parking spot, follow you in a shuttle to pick you up at your car door, and take you directly to your drop off location for you to check in! Their amenities include: Complimentary luggage assistance, open 24 hours a day, courtesy airport shuttle service, car services (complimentary jump start, air for deflated or flat tires), covered parking, free car wash (beginning Summer), 2 credit card only express lanes, ticketless entry and exit, free bottled water and free newspapers. View our [Community Perks](#) page for further information and instructions on enrolling. FastPark enrollment is free and has no obligation.

October 2008

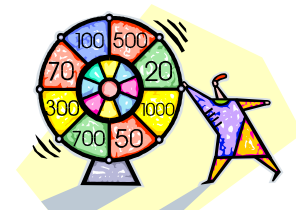


[October is Breast Cancer Awareness Month. Find out information here!](#)

Benefits Fair!

The Annual Benefits Fair is scheduled for October 23, 2008, 10:00 am-2:00 pm. Please join us in Belk to learn about your benefits. Vendors will be on hand so you may speak with them directly. Bring your questions and enjoy the fair.

Don't forget to spin the wheel before you leave to win a wonderful door prize!



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MEDEX Travel Assist

October 2008

For those enrolled in the College paid Group Life Insurance, the [MEDEX Travel Assist](#) program is available for you, your spouse and dependent children to use while traveling. Whether it's 100 or 10,000 miles from home, in the States or overseas this program provides additional security for you. This is a comprehensive program of information, referral, assistance, transportation and evacuation services. Some of their services include:

- Pre-travel assistance (information on passport and visa requirement, lists of consulates and embassies, currency exchange, inoculation requirements, and worldwide weather),
- Medical Assistance Services (locating medical care providers, case communication, repatriation, interpreter services, hotel arrangements following treatment, insurance assistance, and prescription drug assistance),
- Emergency Transportation Services (emergency evacuation arrangements, return of dependent children if hospitalized, vehicle return), and
- Travel Assistance Services (emergency credit card and ticket replacement, emergency passport and document replacement, assistance in locating legal services).

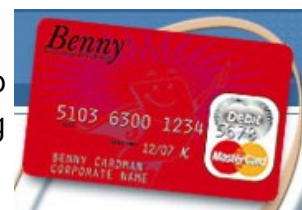
Be sure to keep your [MEDEX Travel Assist Card](#) with you! Take a look at the [brochure](#) for more details of the program or stop by the Human Resources office to pick up a brochure.

Benny Card

Do you utilize the Flexible Spending Account Benefit? If so, make your reimbursement transactions easier by signing up for the Benny Card. This card is used as a credit or debit card is used. Simply swipe your card and the funds are automatically deducted from your benefit account for payment. You may use this card at any of the health care participating vendors.

2009 new participation enrollment will be available at the Benefits Fair! Re-enrollment is not required, the Benny Card is good for three years and automatically renewed as long as you participate in the Reimbursement Account program. The annual fee for the card is \$18 and is deducted in January.

Visit www.mybenny.com to check your account balance, find answers to frequently asked questions and to view a list of certified participating vendors.



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Comings and Goings

October 2008



To all new employees, welcome to Meredith College! Farewell and good luck in your endeavors to those that are leaving!

We welcome the following staff:

- * Susan Hyslip: Administrative Assistant / HR
- * Shona Guevara: Assistant Softball Coach/Athletics
- * Anitra Manning: Director/Institute for Women's Leadership
- * April Brohawn: Vista Volunteer/Volunteer Services
- * Elizabeth Richardson: Assistant Volleyball Coach/Athletics
- * Rachel Gale: Assistant Tennis Coach/Athletics
- * Larona Gasper: Housekeeper/Facilities Services
- * Deborah Greene: Housekeeper/Facilities Services
- * Angela Morning: Housekeeper/Facilities Services

We bid farewell to the following staff:

- * Shawna Wallace: Processing Assistant / Admissions
- * Tommy Bridges: Maintenance Technician/Facilities Services

Handy Contacts:

Coastal Federal Credit Union: 800-868-4262

www.coastalfcu.org

Fast Park and Relax @RDU: Code #0919207

www.fastparkandrelax.com

Med Ex Travel Assist: operations@medexassist.com

For medical emergencies that arise while traveling.

U.S, Canada, Puerto Rico, Virgin Islands and Bermuda:

Call toll free: 800-527-0218

Other Locations Worldwide call collect: 410-453-6330

Questions or comments? Please feel free to contact us at ext. 8898 or via email.

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