



BLUE CROSS BLUE SHIELD BLUE POINTS

Do you participate in the Blue Cross Blue Shield Blue Points program? This is a great time to give it a try or to get back on track! You can win prizes for logging your healthy habits!

- Go to: www.bcbsnc.com/bluepoints and log in (use your regular BCBS login/password – or sign up using your member ID card and follow the simple registration instructions)
- Track your daily healthy habits like exercising, eating fruits and vegetables, and getting suggested preventive care
- Earn points for prizes including gift cards, exercise equipment, videos and much more

Plus, if you visit Blue Points between now and **December 15th**, you could help everyone who participates win an extra 2,500 points if Meredith has the highest participation. That's enough for a \$25 gift certificate of your choice!

Be healthy and be rewarded!

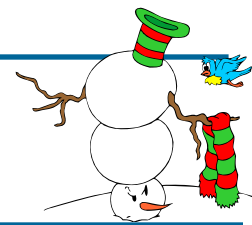
**THE OFFICE OF HUMAN RESOURCES WOULD
LIKE TO WISH ALL EMPLOYEES A
WONDERFUL HOLIDAY SEASON
& A HAPPY NEW YEAR!**

Inside this issue:	Page:
OTC Prescription Drug Changes/Biltmore Tickets	2
Benefits to do list/Comings and Goings/HR Contact Information	3 & 4

Meredith College will be closed December 18th-January 2nd in observance of Christmas & New Years. Please be sure to mark hours for these days under “Other Hours” on your timecard.

Happy Holidays!

OVER THE COUNTER PRESCRIPTION COVERAGE CHANGES



January 1, 2011 is the effective date for over-the-counter drugs to no longer be reimbursable under the FSA or HSA unless you have a prescription from your doctor. If the medication is prescribed by a doctor, it becomes an eligible expense to be reimbursed from the HSA account in 2011.

Be sure to stock up on your OTC's by December 31st!

DISCOUNT TICKETS TO BILTMORE CANDLELIGHT CHRISTMAS

Meredith College Faculty & Staff receive discounted admission tickets to the Biltmore Estate. Special pricing is as follows:

- **Sunday-Thursday / Through December 23**—\$51.00 adults/ \$25.50 youth
- **Friday-Saturday / Through December 24**—\$64.00 adults/\$32.00 youth
 - **December 25-January 1st**—\$69.00 Adults/\$34.50 youth

Price Includes: Self-guided evening visit to House and daytime visit of the Grounds.

To make reservations to visit this holiday season call 866-851-4661
and reference promotion code 200

RESERVATIONS ARE BASED ON AVAILABILITY

YOUTHS AGES 10-16 / CHILDREN 9 AND UNDER FREE / SOME RESTRICTIONS APPLY

Family and Medical Leave Act Did you know??

Did you know that the Family and Medical Leave Act (FMLA) covers the birth or care for a newborn child, the placement of a child through adoption or foster care, a serious health condition for the employee or their spouse, child or parent, as well as several situations related to military deployments? Contact HR at #8898 if you have any questions about FMLA or believe your situation may be covered. We'll be glad to help.

Important Benefit Reminders

Flex Medical Reimbursement

- It is time to check the balance in your **2010 flex account**. Log onto the ACS website: <https://acsflex.lh1ondemand.com>. If this is your first time logging onto the system, use **meredith** as your password. You will be prompted immediately to create a new, unique password before entering the site.
- Remember, if you have chosen the debit card as your primary reimbursement option, you may be required to submit receipts after the purchase. So save your receipts and keep an eye out for receipt requests.
- Reminder! Balances in 2010 medical reimbursement accounts may be applied toward qualified medical expenses incurred through March 15, 2011.
- ACS customer service number: 336-759-2013

HSA Accounts with Mellon Bank

- New HSA/HDHP participants will receive an enrollment packet from Mellon Bank, NY mailed to your home address. The information enclosed requires your attention and follow-up to complete the set up for your new account.
- If you already have an account with Mellon Bank, you may use this link to check your account activity and balance: <https://hsamember.com/index.html> or you may access your account through the Blue Cross Blue Shield web site: www.bcbsnc.com
- Reminder! Mellon will begin charging \$0.75/month for a paper statement mailed to your home address. In order to avoid this new charge, use link above or call Mellon's customer service number.
- Mellon customer service number: 877-484-5029

Blue Cross Blue Shield

- You should receive new health insurance cards by January 1, 2011.
- If you are not making any changes to your Blue Cross dental insurance, you will continue to use your current insurance card.
- Blue Cross Blue Shield customer service number: 877-258-3334

COMINGS AND GOINGS

We welcome the following staff:

**Kristye Brackett: Associate Director of Gift Planning, Institutional Advancement*

** Jesse Monroe: Admissions Counselor, Admissions*



MEREDITH COLLEGE OFFICE OF HUMAN RESOURCES

MEREDITH
COLLEGE

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Faculty and staff are Meredith's most valuable assets. The Office of Human Resources provides faculty and staff with the information and support they need to help play their part in educating the students of this College. Visit this site for updates on Meredith policies and procedures, benefits and more.



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