

Fall Honors Trip September 15-17, 2006 Black Mountain, NC

Accommodations

Blue Ridge Assembly

Cabin-style: 1 16-person cabin, 2 14-person cabins, and 3 8-person cabins

(www.blueridgeassembly.org)

Friday

- 7:30 a.m. Meet at the circle in front of Johnson Hall
Stow your luggage, and check in with Dr. Edwards before boarding the bus. Once you board the bus, DO NOT GET OFF! (You may be left behind if you Do.) Please eat breakfast before you board, or bring something for the bus.
- 8:00 a.m. Leave Meredith
We have to leave on time to stay on schedule for other Friday events. DO NOT BE LATE!!
- 8:00 a.m. – 1:00 p.m. Travel Time
During the trip, we will take a rest stop as well as a stop for lunch. (Boxed lunches will be provided for you.) Feel free to bring homework to work on. Try to get to know the other honors students around you. Remember to wear clothes that will be comfortable for traveling and your mini-course.
- 1:00 - 3:00 Check-in
- 3:00 p.m. – 6:00 p.m. Mini-Courses
*Southern Food History- Dr. Fountain
Native plant species vs. Non-native plant species- Dr. Swab
Traditional Appalachian Music- Dr. Novak
Carl Sandburg- Ms. Britt*
- 6:30 p.m. Western NC Style Barbeque
*Held at Blue Ridge Assembly.
Perry's Barbeque
(Admissions is sponsoring this dinner, and inviting prospective students from the area to join us. We may have some high school juniors and seniors joining with us. Be sure to include them and make them feel welcome!)*
- 8:15 p.m. Bonfire
A great opportunity to socialize and enjoy traditional Appalachian music compliments of Dr. Novak

Saturday

- Be sure to eat breakfast, you have a long day ahead of you. Breakfast is provided in cafeteria at the Blue Ridge Assembly.*
- 8:00 a.m. – 1:00 p.m. Morning Activities
We have a range of activities for Saturday morning; you will need to commitment to your selection prior to signing up and paying for the trip, as they may incur additional costs. There are options that do not add to the cost of the trip.

White Water Rafting: Meet to depart Blue Ridge Assembly at 8:00 a.m. We will be using French Broad Rafting Expedition (<http://www.frenchbroadrafting.com/geninfo.htm>). We begin downriver at 9:30 a.m. and need to be there ahead of time. Lunch is provided with the trip. You will have to supplement the cost of choosing this option, as it is expensive and Honors cannot pay for the total cost. - \$46.50 This activity lasts till 2 p.m. and will return later since lunch is included.

Folk Arts Center: A group will be meeting to go to the Southern Highlands Craft Guild's Folk Arts Center, where they are holding Heritage Weekend. This group will be eating bag lunches there, which are provided. This activity has no additional costs. (http://www.southernhighlandguild.org/event.php?event_type_ID=5&event_main=7).

- 1:00-5:00 p.m. **Afternoon Free Time**
There are various activities that you can enjoy on the grounds of Blue Ridge Assembly. We encourage you to take advantage of these activities! Activities include crafts \$4-21, mountain bike tours \$15-2hrs, guided hikes 10-15\$, unguided hikes, horse shoes, tennis courts, beach volleyball, gymnasium, outdoor pool and more You may also feel free to take this time to relax, catch up, or do work..
- 5:00 p.m. **Depart for downtown Asheville, NC**
*Take time to enjoy exploring the town. Have dinner on your own. You will find a list of restaurants within walking distance in your notebook and how much money you can expect to spend at each. The following are websites that list some area restaurants:
(this list will be updated and ready when you arrive on campus)*

Sunday

Be sure to eat breakfast, you have another long day ahead of you.

- 7:30 a.m. **Meet to load the bus to depart Black Mountain for The Biltmore Estate.**
Bring your luggage with you and load the bus to head to Asheville. Be sure you're on time! We have an appointment to make at Biltmore!
- 8:30 a.m.-11:30 a.m. **Tours of the Biltmore Estate**
*We will be taking the Behind the Scenes tour of the Biltmore Estate in groups. While your group is not on tour you may explore the grounds or take the general tour on your own. Maps and information on the Estate are in your notebook. See the web site to help decide which other tours you may be interested in.
(<http://www.biltmore.com/plan/tickets/specialty.shtml>)*
- 11:30 a.m. **Depart and head back to MC; boxed lunch on the way home**
Please do not make the bus wait on you, be on time.
- 11:30 a.m.-6:00 p.m. **Travel Time**
Also, for on-campus residents, since we may not make it back for dinner in Belk Dining Hall Sunday night, let us know if you would like a bagged meal to be waiting for you outside the Dining Hall upon return.